

# Changes to CAMHS in Southampton

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## Changing the way we deliver Child and Adolescent Mental Health Services (CAMHS) in Southampton

### What's happening?

Solent NHS Trust provides child and adolescent mental health services in Southampton. We have been looking at the way we deliver our Services from different sites.

This is being done to make the best use of the funds that we have to ensure that we continue to provide an excellent service to the community we serve. By saving money on buildings we can continue providing the right level of support to patients and their carers.

We are bringing a number of clinical services together to operate out of the Adelaide Health Centre/Western Community Hospital Campus, William Macleod Way, Millbrook, Southampton, SO16 4XE.

### What does this mean for Solent NHS Trust Child and Family Services?

Currently our Child and Family Services use about 26 sites across the City of Southampton to deliver services. We are looking to move Child and Family staff into the Adelaide Health Centre, Millbrook, as their admin base and deliver some clinical services from the Better Care Centre on the Western Community Hospital site.

### What does this mean for CAMHS?

Currently young people in the 14 to 18 age range who receive support from CAMHS in Southampton attend the Brookvale Centre Clinic, in Portswood. We are proposing that CAMHS clinics and appointments will in future take place at the Better Care Centre. We are also looking at making use of the Thornhill Centre for Healthy Living to deliver some CAMHS clinics on the east of the city. We don't currently have a site in the east of the City so delivering some CAMHS clinics at the Thornhill Centre will provide for this.

### What else is happening with CAMHS in Southampton?

At the moment we have a CAMHS for the 0-14 age group and a CAMHS for the 14-18 age group. We believe that it would make better sense to have one CAMHS that covers the whole of this age range. This makes sense for a number of reasons:

- Because children and young people are part of families. In CAMHS we seek to work with families where there will often be younger and older siblings in the same family who we support

- Because the team working in CAMHS can better share and understand the needs of children and young people over time to support your family's care
- Because we can provide a more efficient, coordinated and cost saving service by bringing the two services together with a single management structure
- Because as an integrated CAMHS we will be able to offer a broader range of therapeutic approaches across all age groups

## Public Transport routes to the Western Community Hospital Site

### BlueStar

Bus no. 18

Bus no. 10/ 11

Bus no. 12

For further information on bus timetables please visit: [www.bluestarbus.co.uk](http://www.bluestarbus.co.uk)

### First Bus

Bus no. 2

Bus no.3

Bus no. 12

For further information on bus timetables please visit: [www.firstgroup.com](http://www.firstgroup.com)

Pedestrian access, including pushchair and disabled access, is available from Walnut Grove between 8am and 6pm; 24 hour pedestrian access is available from William Macleod Way.

Please note: to access the centre by car you must approach from Tebourba Way (Tesco Superstore). There is dedicated patient parking on site and disabled parking spaces available near to the entrance.

## Have Your Say

We would like to ask for your views on the proposed changes to CAMHS in Southampton by asking for your views on the following statements:

1. The changes to CAMHS clinics to the Western Community Hospital site and Thornhill Centre for Healthy Living will impact upon me or my organisation
2. CAMHS will be able to provide a more coordinated service for families by becoming one 0-18 age service

3. CAMHS will be able to deliver an improved service for children and young people as a result of these changes

To respond to these statements

- [Click here](#) to go to the on-line survey
- You can respond in writing to Emma Aveson, Adelaide Health Centre, William Macleod Way, Millbrook, Southampton, SO16 4XE
- Alternatively email [SNHS.CAMHS-general@nhs.net](mailto:SNHS.CAMHS-general@nhs.net).

**The survey will remain open until Thursday, November 12 2015**